

# TFK Extra!

A SUPPLEMENT TO TIME FOR KIDS

HRSA's National Bullying  
Prevention Campaign

**VOLUME 1**

Cool  
**COMICS**  
Inside!

**STOP  
BULLYING  
NOW!**  
TAKE A STAND. LEND A HAND.



[www.stopbullyingnow.hrsa.gov](http://www.stopbullyingnow.hrsa.gov)



U.S. Department of Health and Human Services  
**HRSA**  
Health Resources and Services Administration

## Dear Readers,

Were you bullied at school today? Did you see someone else being bullied? According to a 2005 study by researchers at the University of California at Los Angeles, nearly one half of middle-school students reported being bullied at least once during five school days. Even more kids had seen others being bullied. Bullying is harmful not only to the kids that are bullied, but to every kid in school. Hitting, teasing, name-calling and other forms of bullying create an atmosphere of fear and dread. Every kid wonders, *Will I be bullied next?*

At TIME For Kids, we want every kid to feel comfortable, safe and confident at school, so everyone can focus on learning and growing. That's why we are so proud that the Department of Health and Human Services has sponsored this suppliment "Stop Bullying Now!" This is the first of three issues you will receive this year presenting bullying scenarios and showing you ways to cope with them. Share this comic book, and the two that follow, with your family and friends.

Bullying behavior has probably been around for as long as human beings have walked the earth. We hope to give kids the tools they need to react appropriately to bullying situations. Bullying should not be rewarded or tolerated.

Sincerely yours,

**Martha Pickerill**

**Managing Editor, TIME For Kids**

## READ ALL ABOUT IT

**Bullying is a big problem, and it's nothing new. Children's book authors began tackling the subject long before Draco Malfoy taunted Harry Potter.**

**Take a look at these books, and start thinking**

**about how you can make a difference.**

### **Bluish, by Virginia Hamilton (Scholastic)**

Ten-year-old Dreenie gets her fellow classmates to stop teasing Natalie, a girl who is sick with leukemia.

### **Crash, by Jerry Spinelli (Alfred A. Knopf)**

John "Crash" Coogan, a popular school athlete, begins to question the way he treats a small, poor classmate.

### **Felita, by Nicholasa Mohr (Penguin Putnam Books for Young Readers)**

After she is teased and taunted by kids in her new neighborhood, Felita learns to take pride in her Puerto Rican roots.

### **The Hundred Dresses, by Eleanor Estes (Harcourt Brace)**

Wanda's classmates tease her because she wears the same faded dress to school each day. She claims to have 100 dresses at home.

### **The Revealers, by Doug Wilhelm (Farrar, Straus and Giroux)**

Tired of the bullying that goes on in their middle school, Elliot, Russell and Catalina start an e-mail forum to air their gripes.

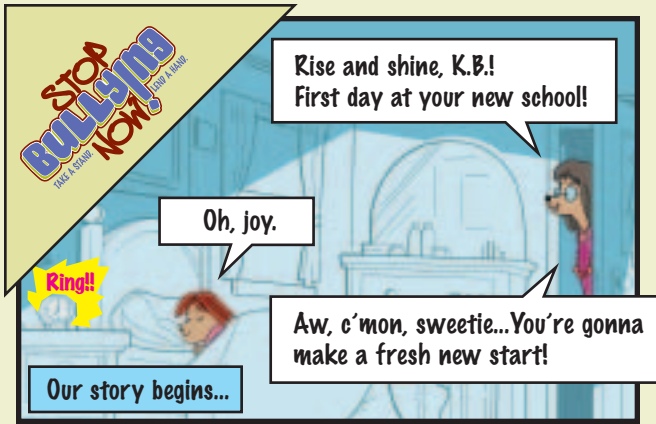
### **Bad Girls, by Jacqueline Wilson (Delacorte)**

Mandy hates looking 8 years old when she's actually 10. Teased by the beautiful school bully, she finds comfort in a new friend.

### **The Sixth Grade Nickname Game, by Gordon Korman (Hyperion)**

Best friends Wiley and Jeff are known for the clever nicknames they dream up. But problems arise when the names become more hurtful than clever.





Rise and shine, K.B.!  
First day at your new school!

Oh, joy.

Aw, c'mon, sweetie... You're gonna  
make a fresh new start!

Our story begins...



Mom, you've said that "fresh new start"  
thing the past three times we've moved  
and I had to start a new school!

Why can't I just stay at Science Camp?



Because summer is over, and if  
you don't go to school, I'll have  
to return all these new clothes!



NEW CLOTHES?!



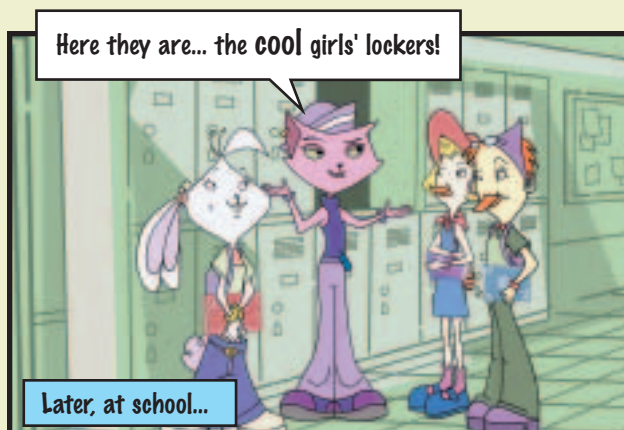
I got you an entire fresh  
new wardrobe to make  
your fresh new start!

Mom... You didn't.



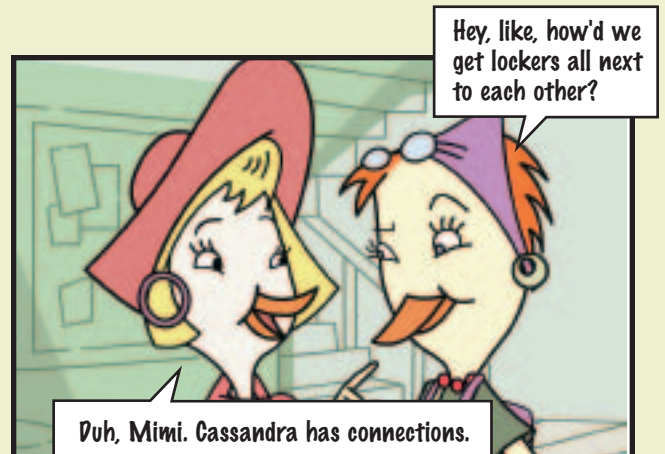
I know, I know... we're on a budget... But... I splurged  
a little 'cause my daughter deserves to look "hip!"  
Now, get dressed and get ready to **WOW** them at school!

Oh, I'll wow them alright...



Here they are... the **COOL** girls' lockers!

Later, at school...



Hey, like, how'd we  
get lockers all next  
to each other?

Duh, Mimi. Cassandra has connections.

Stick with me, girls, and you'll always be as far from the geeks as possible.



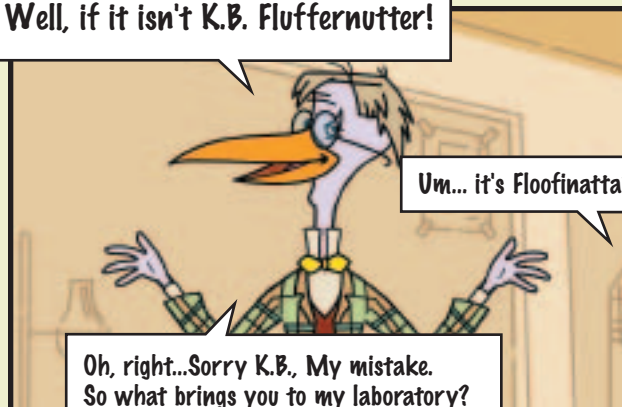
K.B. finds her first class, and sees a familiar face...

Mr. Bittner!



K.B. remembers Mr. Bittner from Science Camp...

Well, if it isn't K.B. Fluffernutter!



Um... it's Floofinatta?

Oh, right...Sorry K.B., My mistake. So what brings you to my laboratory?

Isn't this room 201?



Oops.

Hmmm... your name's not here. I think you're in the wrong homeroom.

Meeoww!



Umph!

K.B. collides with Cassandra in the doorway.

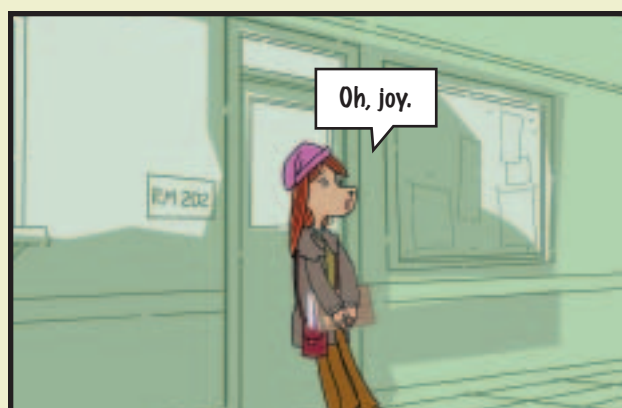
Watch where you're going, Freak!



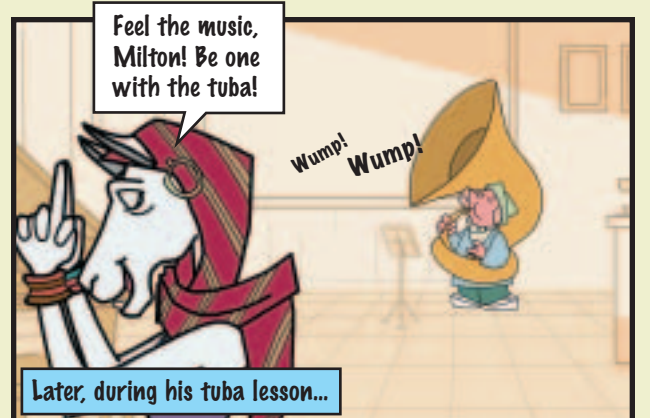
Sorry.

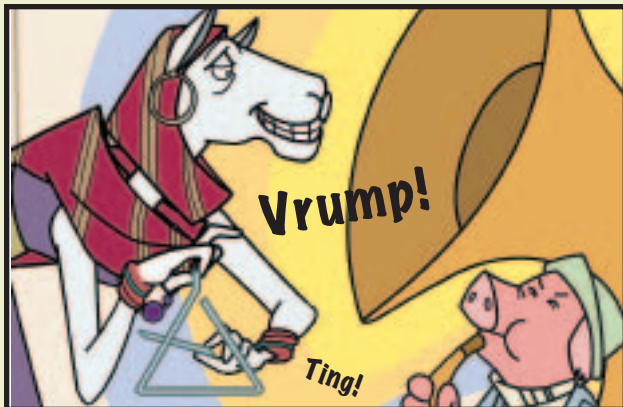
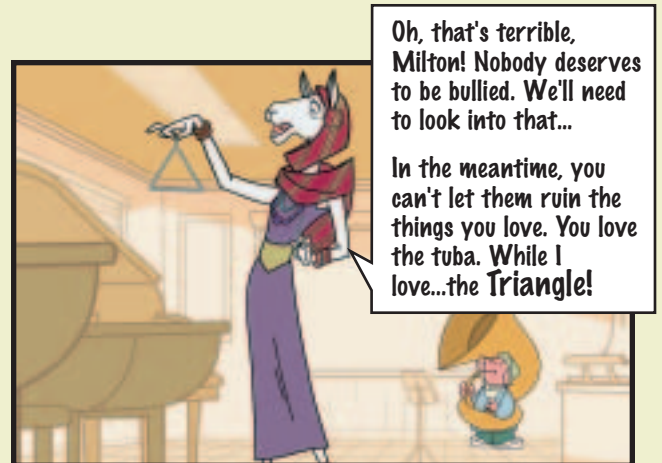
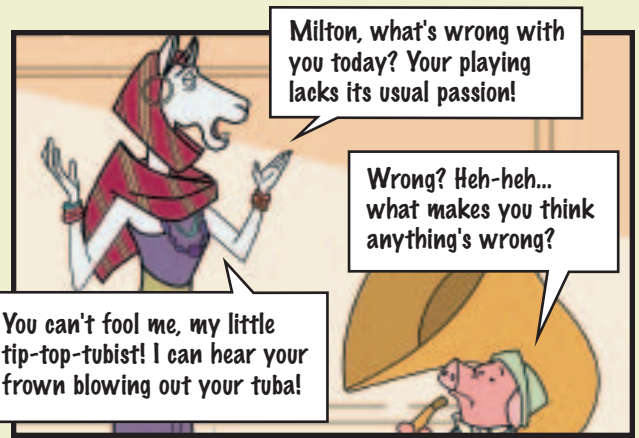
What are you apologizing for, your clumsiness or your 'sorry' outfit?

Oh, joy.

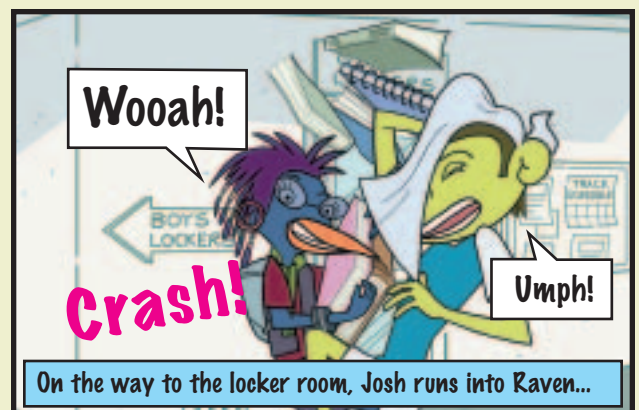


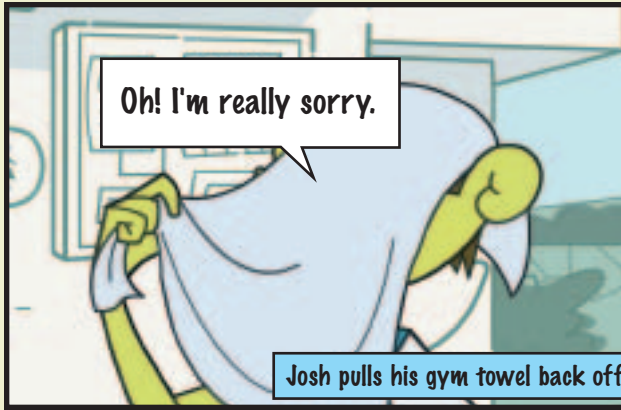




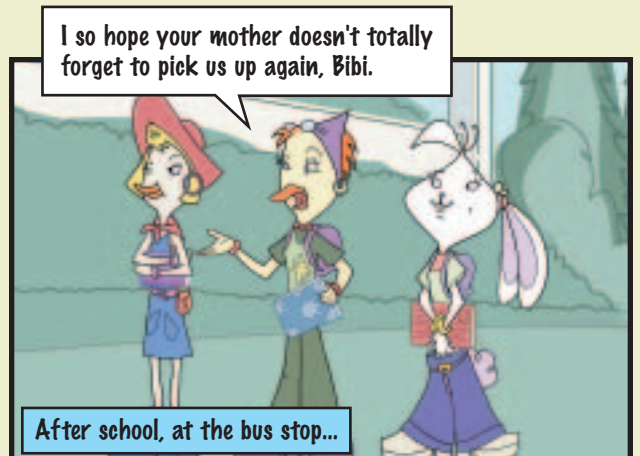
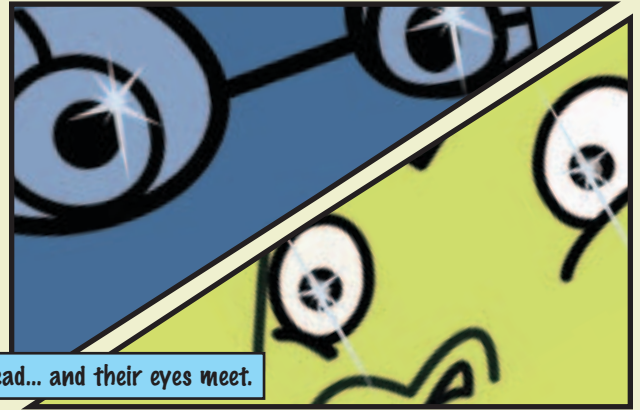




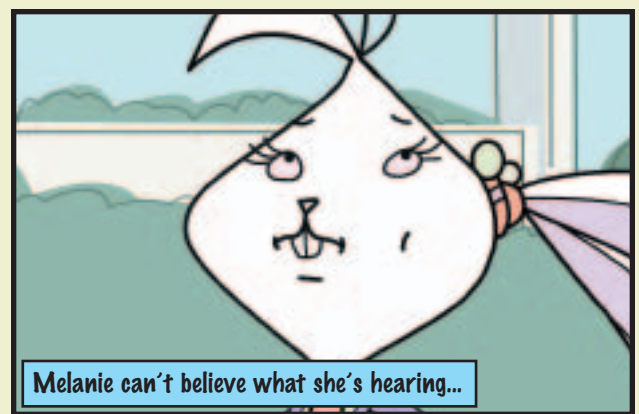
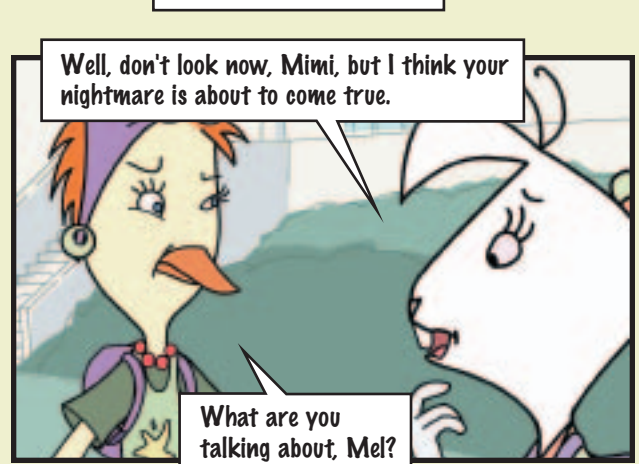
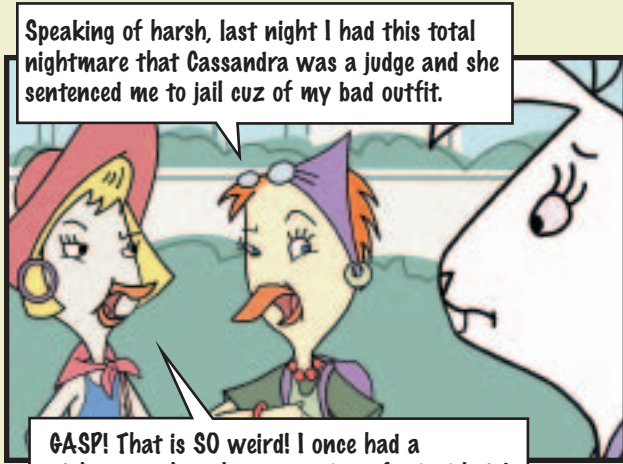
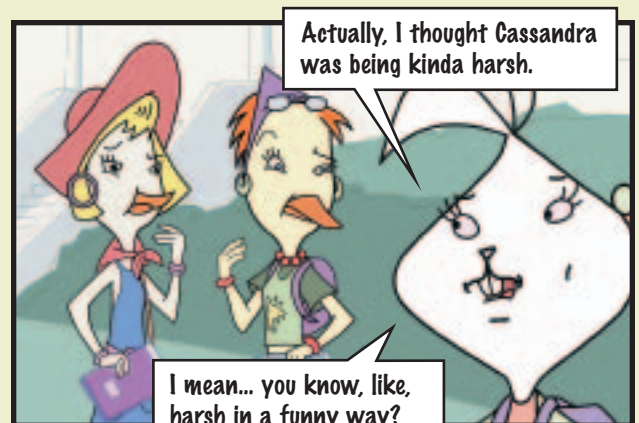
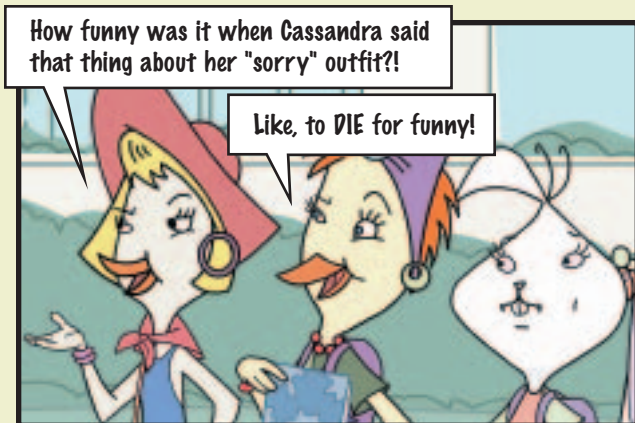


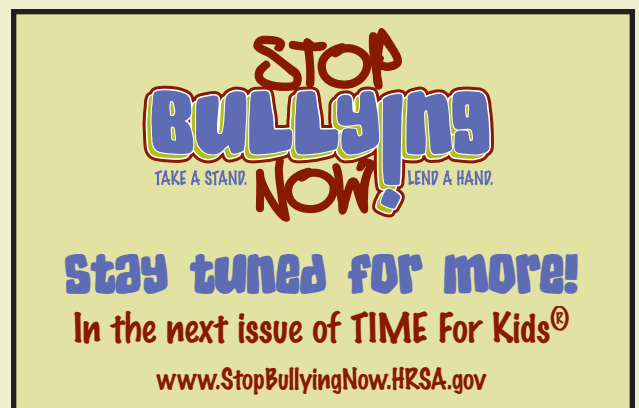
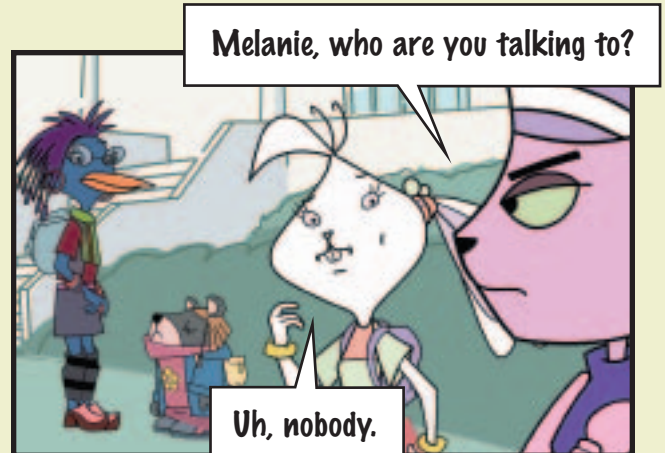
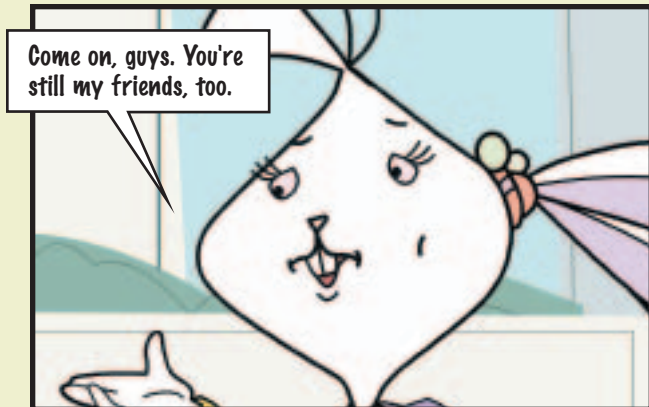
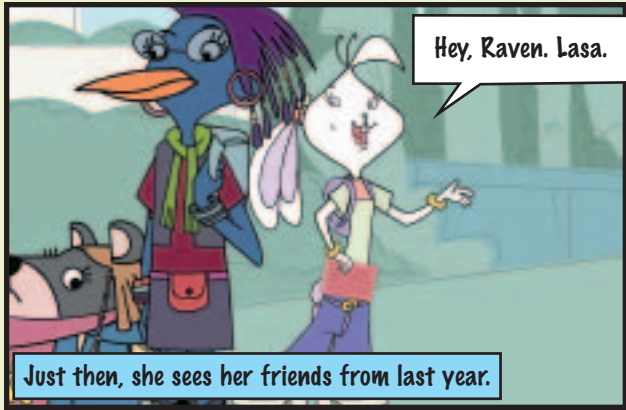


Josh pulls his gym towel back off of his head... and their eyes meet.











# First Day Blues

ILLUSTRATION BY: David Coulson

K.B. Floofinatta is new in town, and she's had a tough first day. She could use a friend, and someone who can help her get home! Use the directions and the compass rose to draw on the map how K.B. can walk from her school to her house.

## DIRECTIONS

- Walk north on Friendship Way.
- Walk east on Pal's Place.
- Turn north on Smiles Street.
- Walk east on the Road to Happiness.

**Bonus:** In addition to giving directions, what might you do to make someone who's new to your school feel more at home?



1. an instrument
2. a number
3. a person's name
4. a mean character from a book or movie
5. a noun (plural)
6. an instrument
7. your favorite song
8. an exclamation
9. your favorite musician
10. a body part
11. a noun
12. a verb ending in -ing
13. an adjective
14. a noun
15. a noun

## A New Tune

Milton Weems wants to be a rock star. But the school bully has been making Milton feel flat.

Rewrite Milton's story so that it has a different ending. Fill in each blank space in the box with the kind of word described. Then, put your words into the numbered blanks in the story.

Milton Weems plays the \_\_\_\_\_. 1. He practices \_\_\_\_\_ 2 hours a day. \_\_\_\_\_ 3, who sometimes acts like \_\_\_\_\_ 4, used to make fun of Milton. He teased Milton, saying "Only \_\_\_\_\_ 5 play that!" Deep down, he felt bad that he didn't know how to play the \_\_\_\_\_ 6.

One day, he heard Milton play \_\_\_\_\_ 7. " \_\_\_\_\_ 8! You sound like \_\_\_\_\_ 9," he exclaimed

Milton could not believe his \_\_\_\_\_ 10. His classmate had never given anyone at school a \_\_\_\_\_ 11 But here he was \_\_\_\_\_ 12 Milton. Why? By hearing Milton play, he had learned a \_\_\_\_\_ 13 lesson: You can't judge a \_\_\_\_\_ 14 by its \_\_\_\_\_. 15



# Lend a Hand

Looking for ways to make your school a nicer place? One person can make a difference! Put a checkmark in the box next to each item that you complete. Then fill in the blank space with another kind thing that you can do.

- |   |   |
|---|---|
| <input type="checkbox"/> Talk to a student whom you haven't talked to before.   | <input type="checkbox"/> Join a club or pursue an activity or sport that you enjoy.   |
| <input type="checkbox"/> Volunteer to help a new student find his or her classes.   | <input type="checkbox"/> Don't put up with bad behavior. If a friend or fellow classmate is bothering you, tell them you don't like it and walk away. |
| <input type="checkbox"/> Stand up for someone who is being taunted or teased.   |   |
| <input type="checkbox"/> Don't spread gossip. If you hear someone spreading rumors that you know aren't true, tell them so. | <input type="checkbox"/> _____<br>_____<br>_____<br>_____   |
| <input type="checkbox"/> Tell an adult if you see a student being bullied.  |   |

## Top 5

## Things Kids Worry About

It doesn't matter who you know, what you look like or how good you are at school or sports: everybody worries. With this in mind, [KidsHealth.org](https://kidshealth.org) asked 1,004 9- to 13-year-olds throughout the U.S. what they worry about. Here's what concerned them the most.

1. Grades
2. Looks or appearance
3. Problems at home
4. Being liked and fitting in at school
5. Being out of shape or overweight

Source: KidsHealth.org/The Nemours Foundation

**THINK!** What on this list worries you the most? What are some ways that you might be able to ease your mind?